

Letter from Dadi Janki

International Plan for Self-Progress

July 2003

Sweet love-filled remembrances to the shining jewels of the rosary around Baba's neck, the images of success and master bestowers.

When you remain stable in just one thought there will be success. When there are many thoughts, there cannot be a stable stage. The easiest way to attain success is to keep the one who became perfect in front of you and you will become perfect.

For our beautiful Godly student life, our brothers and sisters in Russia have prepared the self-progress plan for the month of July.

Take the opportunity of the month's plan to deepen your unshakable faith and unbreakable love.

In loving remembrance of the One,

BK Janki

International Plan for Self-Progress May – October 2003
to Become the Embodiment of Awareness

Please use these points, questions and commentaries for self reflection, bhattis,
workshops and other creative activities during the month.

The foundation of Brahmin life and the basis of success is faith in the intellect.

Avyakt BapDada 14/11/02

**In this New Year, use all your treasures in a worthwhile way
and show the speciality of becoming an image of success.**

Avyakt BapDada 31/12/02

PLAN FOR JULY 2003

IMAGE OF SUCCESS

Dear brothers and sisters, angels of the Diamond Age and the deities of the future,
Please accept loving greetings.

Background

In the Murli of 14th November, 2002 Avyakt BapDada has explained about how 'faith' becomes the foundation of Brahmin life and how it is also the basis for success in all aspects of life. Baba further elaborated the aspect of success in the Murli of 31st December 2002, and asked His children to become the images of success by using the treasures, entrusted by the Father, in a worthwhile way.

Slogan for July, 2003: *Become the image of success by having faith in the intellect
and by using the treasures in a worthwhile way.*

Laying the foundation:

I. Plan for self-progress (from 1st to 15th July)

Special efforts at amrit vela for strengthening faith

- Let the feelings come from the depth of the heart 'I belong to the Father and the Father belongs to me'.
- Experience deeply that you are a soul to whom the Supreme Father Himself gave awareness of the highest self-respect, and so you are a supremely worship worthy soul, a deity, beloved of all bhagats.
- Have the thought that you are now completing 84 births. Various problems in the form of obstacles, old relations, situations, illness etc. are just the reflections of various forms of Maya. Make sure that they do not affect the stage of your mind. Be sure that you are not under the influence of problems (samasya swaroop) but an embodiment of their solution (samadhan swaroop).
- Emerge the entire Brahmin family in front of your eyes for few seconds. Let the thought come to you mind that you are so lucky to be a member of such a big family of Brahmins, children of Brahma Baba and the grandchildren of Shiv Baba. This is the most elevated clan in the whole world and throughout the kalpa. Every one is a wonderful star.

- Have the determined thought: **Neither should I see any one's defects, drawbacks, weaknesses, other negative traits nor should I think negative about any one. I will not describe any one's weakness to others.**
- All are playing their own predestined role. I have no dislike for anyone. I have only loving, pure and powerful feelings towards everyone in this divine family. I have to glorify the Father, myself and also the Father's family, which is also my family.
- Consider yourself as a hero actor in this predestined drama and a victorious player in this predestined game of life. Be carefree and maintain lightness with the awareness of being a conqueror of Maya.

Special efforts during the day

To maintain the image of success during the day pay attention to the following points:

- Remain combined with the Father whilst working and interacting with people.
- From time to time see yourself in the mirror of elevated self-respect.
- With your elevated awareness finish all waste thoughts.
- Have the feeling of having a right over BapDada. Let the heart sing the song of 'mera Baba'. Baba has faith in me and I also have complete faith in Baba.
- Maya may come in the form of a variety of different problems since Brahmins have challenged Maya that they will become the conquerors of Maya. So, be knowledgeable of every aspect and instead of reacting to the problem transform it, that is, become the embodiment of solutions.
- To become image of success, learn the lesson of Drama very firmly. 'NOTHING NEW' and with this faith never allow doubts to enter your intellect.
- To become the image of success in this big family maintain good relations with all, maintain a humble nature, have good wishes and pure feeling and understand the nature and sanskars of everyone (lokik and alokik) while coming into connection and relation.

Checking

Every night, before going to bed, check whether you maintained faith in the Father, the self, drama and the family in your thoughts, words actions, connections and relations. Check whether you had the attitude of forgetting the past and moved along through out the day having applied a full stop to the past? For the next day develop more and more positive attitude and in advance give a powerful vision of strong faith in all the aspects.

II. Plan for self-progress (from 16th to 31st July)

Every aspect of Brahmin life is like a multi-faceted diamond which can be explained, described, interpreted in many different ways. This is what enhances the beauty and also multiplies the value of Brahmin life. The same can be said about 'success' in relation to Godly student in the Diamond Age. Let us try to see these different facets of 'success' as explained by Baba in the Murlis of 31st December, 2002 and decorate our lives with this valuable diamond.

1. Success in Brahmin life means experiencing this life as a life of pleasure, a life of spiritual intoxication, free from worries and confusions. The stage of spiritual intoxication is based on elevated awareness. So at amrit vela bring into your awareness any of the following:

- (a) I am a self-sovereign, seated on the heart-throne of the Supreme Father
- (b) Every day is a festival for me, I am always full of enthusiasm
- (c) I am in the Confluence Age, the most elevated Age of invaluable attainments in which I have the pleasure of meeting with God the Father
- (d) I have all elevated attainments. I am overflowing with them. They reflect from my personality.

2. Success in Brahmin life means, experiencing this life as a life of contentment. Brahmins are contented when they do not need to do any labour, yet their stage of yoga is elevated. In other words, when effort is easy and also elevated at the same time.

(i) To make it a reality, during the day remain stabilised in your stage of self-respect based on the following:

- (a) I am a star of Knowledge. My Baba is the Sun of Knowledge
- (b) I am a fragrant flower of the garden whose Master is my Baba
- (c) I am Shiv Shakti belonging to Shiva, the Supreme
- (d) I am Mahavir (Hanuman), on whose heart-throne is seated only One
- (e) I am the protector of the Yagya. My Baba is the Creator of this Yagya
- (f) Any other suitable awareness from the daily Murli and effort will become easy, entertaining and elevated.

(ii) Develop the habit of doing the drill of the mind time and again – one moment incorporeal, next moment angelic, coming to corporeal and again incorporeal...

3. Success in Brahmin life means having harmonious relationships with the Brahmin family.

This is possible by learning one lesson firmly. It is the lesson of being a child (Balak) and a master (Malik) at the right time. I have to change. I have to have the ability to mould the self. I will give leave to all weakness which are obstacles in my way of perfection. Let's make this lesson as an additional slogan for these fifteen days – the lesson of being a child and a master.

4. Becoming an image of success means using all treasures – time, thoughts, virtues, knowledge and powers fruitfully.

On 19th or 20th of July, a seminar or workshop can be organised on this theme under the following sub-themes, in connection with each of the five treasures.

- (a) What is meant by wasting this treasure (for example the treasure of time)
- (b) How often do I waste this treasure?
- (c) What does it mean when Baba says 'use this treasure in a worthwhile way'?
- (d) What will I do from now onwards (with respect to these treasures)?

5. Becoming an image of success means, becoming a master bestower

Give something or other to everyone who comes in contact with you. It may be a virtue, power, your sweet words, godly message sweet smile or sweet powerful drishti.

6. Mottos for success

Use one of these as a thought for the day:

- Those who are introverted are constantly happy.
- Instant donation is a great charity. Think and do.
- Maintain courage and encourage others through thoughts, words, actions, connections and relations.

Checking

Every night, before going to bed, check whether someone went empty handed from me? If yes, Why? Whatever may be the reason, make a promise to yourself that you will pay more attention to this aspect the next day.

GOOD LUCK